

Composite map created by Matt Scott, iowaparklands.com

## Ledges State Park 5K

41.994244, -93.875548 1515 P Ave; Madrid, IA 50156

## **5K WALK DIRECTIONS**

**1.** Leave parking lot and walk east towards stone building

**2.** Pass stone building & continue around curve In road to the left

3. Right at campsite #1

4. Right again at the next intersection

5. Veer right towards campsite #41

6. Follow loop road all the way around until you are back at the intersection of the previous step

**7.** Leave the loop, right towards the Youth Group campsite

**8.** Enter the rock trail that leads back to the hike-in campsites (#83-94)

**9.** Just beyond hike-in #94, the trail narrows & turns to dirt-stay left

10. What is the Structure? \_\_\_\_\_

**11.** Retrace steps past hike-in campsites and back to Youth Group campsite parking area

**12.** Continue straight, back to campsite #1 and right towards campsite #2

13. Left at road intersection, towards campsite #8

**14.** Veer right at campsite #15, tour sites #16-21, turning right out of this small loop.

15. Continue to Campground Host site #29

**16.** Right and exit campground, going past stone registration building

17. Right into start location parking lot

**18.** Walk past kiosk towards restroom and continue onto the next parking lot

19. Cross parking lot, right onto mowed path

**20.** Cross main park road and enter the Prairie trails, staying far left at trailhead

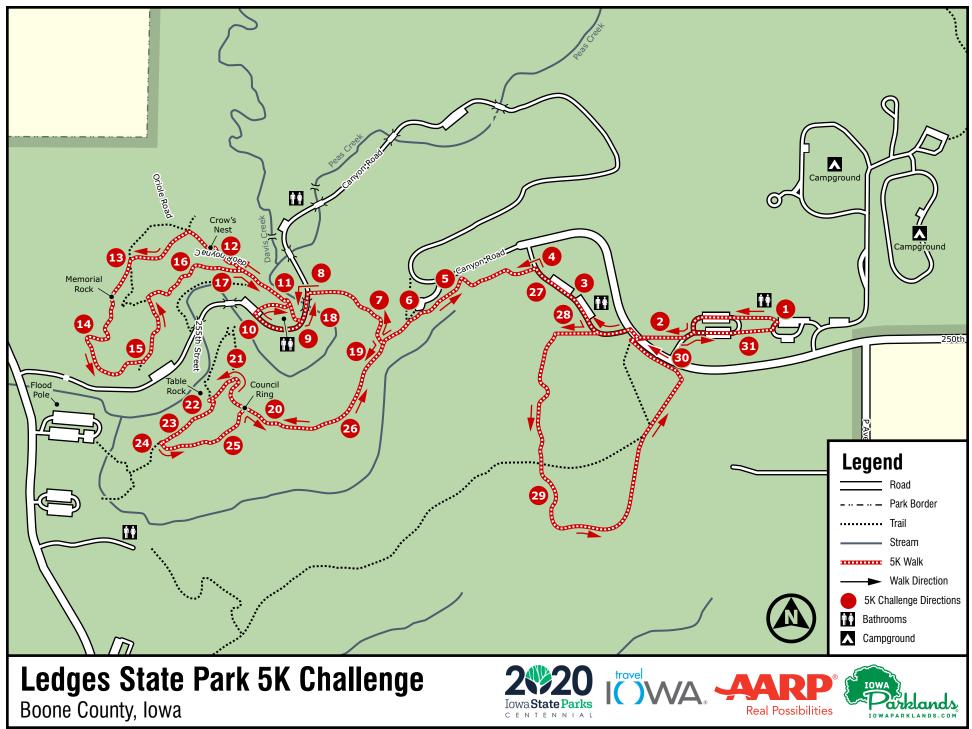
**21.** Follow mowed prairie trails, staying left at each intersection

**22.** After crossing small wooden bridge, enter the wooded area & veer towards restrooms

**23.** At restroom follow road back towards Prairie Trails trailhead

24. Cross main park road onto mowed path

**25.** Go across parking lot, past small gazebo and return to finish



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## Ledges State Park 5K Challenge

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## **5K WALK DIRECTIONS**

**1.** Leave parking lot walking west on sidewalk past the restroom

**2.** Continue across parking lot, turn right onto mowed path

**3.** Cross road and enter Oak Woods Picnic Area, following the road past the shelter

4. Veer left off road towards Hog's Back Trail

**5.** Veer left immediately after crossing the wood bridge

**6.** Follow trail to the concrete slats, continue on concrete

**7.** At the bottom of the hill, turn right onto stone step staircase towards Canyon Drive

**8.** Left onto roadway and cross creek using stepping stones

**9.** Follow road around the corner to the portable restrooms on your right

**10.** At restrooms right onto Old Indian Trail.

11. Take first left onto trail

12. Follow trail straight uphill passing Crow's Nest

**13.** On top of hill, staying left, until you reach the memorial rock. In memory of Who: \_\_\_\_\_

**14.** Continue straight past memorial rock downhill

15. At bottom of hill, stay left at trail intersection

**16.** Follow trail back uphill slightly, taking right hand turns at the next 2 intersections

**17.** Continue straight back downhill along Old Indian Trail, staying left until you reach the roadway

**18.** L on roadway, cross creek using stepping stones, and right immediately, going back up hill.

**19.** At top of hill, right then continue straight.

**20.** At intersection (Council Ring), continue straight onto stone staircase.

**21.** Follow stone staircase downhill and take first left towards Table Rock.

**22.** Walk out onto Table Rock and admire the view.

**23.** From Table Rock go back the way you entered the overlook, right immediately at first trail intersection.

**24.** Follow this trail until you come to another intersection where you'll turn left onto concrete slats.

**25.** Continue uphill on the concrete back to Council Ring and turn right.

**26.** Continue straight, veering right at each intersection until you reach the wooden bridge again.

**27.** Cross the bridge, and follow the roadway back to the restrooms

**28.** Right at the restrooms, walk west across wooded picnic area to the prairie trailhead

**29.** Follow mowed prairie trail around the perimeter of the prairie, staying right at each intersection

**30.** Back at roadway, cross the pavement and follow the mowed path to the parking lot

**31.** Cross the parking lot, go past the gazebo and return to start/finish